





Maintaining Senior Mobility: All Seniors Need Podiatric Care



1 in 3
seniors over 65 have
nail and/or skin
problems on the foot

Almost
70%
of seniors in
nursing homes
have foot
problems



28% have
foot ulcers

6% have
amputation

32% have
edemas
(i.e., swelling of
the foot due
to fluid buildup)

10% have
Calluses



1 in 4
seniors have foot or
ankle pain that impacts
their ability to walk

Foot problems double the risk of falls

1 in 3

seniors over 65 have
circulatory issues that
may impact the feet



20%

of seniors
over 65 have
structural foot
deformities

(e.g., bunions, corns, calluses,
hammer toes, or collapsed arches)

Foot Problems Epidemiology

25%
of senior
foot
problems
are corns

23%
of seniors
have hallux
valgus
(i.e., bunions)

14%
of seniors
have
calluses

Diabetic Ulcers

1 in 3 seniors have diabetes

1 in 4 diabetics will develop a Diabetic Ulcer
during their lifetime

3 in 5 diabetic ulcers will become infected

1 in 5 diabetic ulcers will result in amputation

7 in 10 of ulcers take more than 20 weeks to
fully heal



On average toe grip strength
diminishes 30%

in seniors over 65, this leads to balance
problems and an increased risk of falls

To learn about the podiatry services available from Aria Care Partners,
visit ariacarepartners.com/podiatry or call **(877) 674-1211**