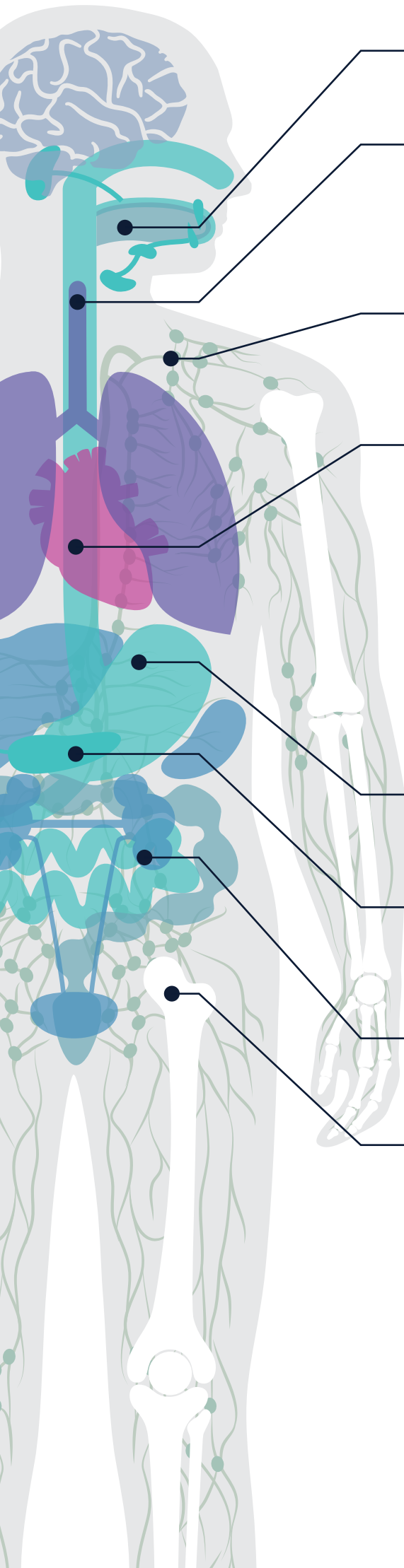











# Oral-Systemic Health Connection



	How your oral health affects you:	How your oral health is impacted by you:
 <b>Teeth &amp; Mouth</b>	<ul style="list-style-type: none"> <li>• Gingivitis (gum disease)</li> <li>• Periodontitis (gum disease)</li> <li>• Dental Caries (tooth decay)</li> <li>• Tooth Loss</li> </ul>	<ul style="list-style-type: none"> <li>• Diabetes, Arthritis, Hypertension, and Smoking can lead to tooth loss.</li> <li>• Diabetes and HIV/AIDS can cause Periodontitis.</li> </ul>
 <b>Throat &amp; Lungs</b>	<ul style="list-style-type: none"> <li>• Increased bacterial and viral presence in the mouth from insufficient cleaning &amp; care can lead to respiratory infections, including pneumonia.</li> <li>• Pneumonia can be fatally dangerous for seniors.</li> </ul>	<ul style="list-style-type: none"> <li>• Sleep Apnea causes you to breath more through the mouth, which can increase the likeliness of dental caries.</li> </ul>
 <b>Immune System</b>	<ul style="list-style-type: none"> <li>• Insufficient oral care has been linked to onset of rheumatoid arthritis.</li> </ul>	<ul style="list-style-type: none"> <li>• Autoimmune diseases can impact oral health with infections that cause periodontitis. Sjögren's syndrome, can cause severe dry mouth that greatly increases the chances of dental caries and tooth losses.</li> </ul>
 <b>Heart &amp; Blood</b>	<ul style="list-style-type: none"> <li>• Poor oral health, particularly the build-up of plaque, has been linked to heart disease.</li> </ul>	<ul style="list-style-type: none"> <li>• Blood disorders including Hemophilia, Leukimia, Iron Deficiency, Sickle Cell Disease, and Thalassemia have been linked with dental caries, dental manifestations (abnormal growths), Malocclusion (misalignment of teeth), and severe jaw and dental pain.</li> <li>• Endocarditis, a type of heart disease caused by infections, can cause dry or persistent cough, chronic coughing and mouth breathing can increase the risk of dental caries.</li> </ul>
<p><b>Gingivitis is early-stage gum disease, also known as Periodontitis.</b> In early stages, gum disease is reversible and characterized by swollen and bleeding gums. If it progresses to Periodontitis, it becomes irreversible. Periodontitis is marked by severe gum recession, which causes large gaps between the teeth and leads to tooth loss.</p>		
 <b>Stomach &amp; Intestine</b>	<ul style="list-style-type: none"> <li>• Poor oral health increases the likelihood of obesity</li> </ul>	<ul style="list-style-type: none"> <li>• Acid reflux or any condition that causes or increases vomiting and eating disorders like bulimia can damage dental caries by eroding teeth and tooth enamel</li> </ul>
 <b>Diabetes</b>	<ul style="list-style-type: none"> <li>• Having periodontitis makes it more challenging for you body to regulate blood sugar. 95% of adults with diabetes also have periodontitis</li> </ul>	<ul style="list-style-type: none"> <li>• Diabetes drastically increases the likelihood of infections and as a result makes periodontitis significantly more likely in adults with diabetes</li> </ul>
 <b>Kidney, Liver, Gall Bladder, &amp; Colon</b>		<ul style="list-style-type: none"> <li>• Acid reflux, frequent vomiting, and eating disorders like bulimia can damage teeth and tooth enamel by causing erosion.</li> </ul>
 <b>Skeletal</b>	<ul style="list-style-type: none"> <li>• Late-stage periodontitis causes bone tissue loss, inflammation, and infections.</li> </ul>	<ul style="list-style-type: none"> <li>• Low bone density, estrogen levels, and Vitamin D deficiency are linked to both osteoporosis and periodontitis.</li> </ul>
 <b>Cancer &amp; Cancer Care</b>	<ul style="list-style-type: none"> <li>• Strong links exist between periodontitis and blood, lung, pancreatic, and oral cancers.</li> </ul>	<ul style="list-style-type: none"> <li>• Cancer treatments, such as the radiation used in chemotherapy, can cause various oral problems. These include loss of taste, mouth ulcers and sores, tissue and bone loss in the mouth, and damage to salivary glands.</li> </ul>

Aria Dental Clinicians can help you ensure residents are receiving quality, life-affirming care that they deserve.

Learn more by visiting [ariacarepartners.com](http://ariacarepartners.com) or by calling (877) 675-1211.