

How Mobile Podiatry Careers Support Senior Care While Creating Work/Life Balance

By Aria Care Partners



Foot health can often mean the difference between independence and decline for seniors. With untreated issues quickly leading to infections, falls, hospitalizations, or loss of mobility, the role of the mobile Podiatrist is critical in helping seniors prevent unwanted complications before they escalate.

According to HealthinAging.org¹, one-third of older adults have foot pain, stiffness, or aching feet that can lead to mobility issues and cascading effects like weight gain, weakness, worsening heart function, and even devastating falls.

And, a study in the *National Library of Medicine* titled *Foot Function, Foot Pain, and Falls in Older Adults: the Framingham Foot Study*², found that about one-third of adults over age 65 fall at least once a year, making foot care a critical part of healthcare for this population.

There is good news: Podiatrists can treat most foot problems, diagnosing issues and choosing appropriate treatments, whether it's a recommendation to change footwear or a condition that requires more serious interventions.

Dr. Giaimo, M.S., D.P.M., Chief Medical Officer of Podiatry at Aria Care Partners, "With a rapidly aging population, the country is not only witnessing a senior population who is living longer and remaining active, we are also seeing increasing demand for new alternatives to traditional podiatry care, including roles that are by their nature more flexible for providers."

That's where the role of the mobile Podiatrist "steps" in, giving new options to podiatry professionals who have a passion for helping keep older adults safe, mobile, and independent while also creating a stable career path that takes work/life balance and career satisfaction into account.

Finally, with care increasingly shifting to locations outside hospitals, today's Podiatrists have the opportunity to create a new podiatry career that sits at the intersection of clinical skills, human connections, career satisfaction, and long-term relevance.

The Mobile Podiatrist Model

A growing number of seniors want greater flexibility, not just living in senior communities, but thriving in them. This is where the mobile Podiatrist plays a critical role.

At Aria Care Partners, our mobile-focused podiatry career path allows providers to meet patients where they are, removing transportation barriers and improving access to consistent foot care.

Our mobile podiatry careers give professionals the chance to serve seniors in skilled nursing and long-term care facilities

By bringing care directly to these communities, our Podiatrists help seniors remain mobile longer, reduce fall risk, and avoid preventable complications. In many cases, regular visits from a mobile Podiatrist can mean the difference between continued independence and a costly emergency room visit.

High-Impact, Relationship-Driven Care in a Podiatry Career

One of the most overlooked benefits of a mobile podiatry career is the depth of patient relationships. Unlike high-volume clinic environments, mobile care allows Podiatrists to spend meaningful time with patients and see measurable improvements over time.

Mobile Podiatrists thrive by:

- Building long-term relationships with the same patients
- Tracking improvements in mobility, comfort, and quality of life
- Coordinating closely with caregivers, nurses, and facility staff

This relationship-driven approach aims to contribute to positive, meaningful outcomes. In many cases, patients report improved confidence in walking, fewer infections, and reduced need for hospitalization. For providers who enter podiatry to make a tangible difference, this model realigns daily work with that original purpose.

Growing Demand and Long-Term Stability in the Podiatry Career Field

Demographics are reshaping healthcare, and podiatry careers are uniquely positioned to benefit. As the population ages, demand for foot and ankle care continues to rise, particularly in senior living and long-term care settings. This demand directly fuels opportunities for the mobile Podiatrist.

Several factors are driving growth and stability:

- The senior population is expanding faster than most care models can adapt
- Chronic conditions like diabetes increase the need for routine foot care
- Senior care facilities consistently require reliable podiatry coverage

Unlike trend-driven specialties, today's podiatry career is aligned with long-term population health needs. For providers evaluating career sustainability, mobile podiatry offers a path less vulnerable to market volatility or shifting patient preferences.

According to a recent article, *America's Growing Podiatry Shortage: Why the Future of Foot and Ankle Care Depends on Training More Physicians*, even conservative scenarios cite that demand for podiatry services is expected to grow by 28–29 percent by 2030³.

Traveling Podiatrist Roles: Flexibility Without Sacrificing Impact

Exploring the Traveling Podiatrist Career Path

For providers who value flexibility, a traveling Podiatrist role offers an appealing alternative to traditional practice. These positions allow Podiatrists to serve multiple communities or regions while maintaining a focused scope of care within senior populations.

At Aria Care Partners, our traveling Podiatrists can:

- Cover multiple senior living facilities or care sites
- Choose schedules that align with lifestyle goals
- Reduce overhead and administrative burdens

Importantly, traveling roles still support continuity of care, particularly when integrated within structured mobile podiatry programs. Providers gain geographic variety while remaining grounded in meaningful, patient-centered work.

Podiatry Career Advice for Those Seeking Meaning and Balance

Dr. Giaimo, M.S., D.P.M, Chief Medical Officer of Podiatry at Aria Care Partners, "Not every provider thrives in a traditional clinic or hospital setting. For those reassessing their professional direction, whether you're a new grad or seasoned Podiatrist, mobile and senior-focused care models provide an entirely new avenue for career success."

Why this path resonates with many Podiatrists:

- Desire for predictable, flexible schedules
- Preference for relationship-based care
- Interest in preventive, rather than reactive, medicine
- Alignment with long-term healthcare trends

Dr. Giaimo, M.S., D.P.M continues, "A podiatry career centered on senior care checks all the right boxes. It allows providers to practice at the top of their license while avoiding many of the pressures associated with private practice ownership or hospital employment."

The Future of Senior Care Depends on the Mobile Podiatrist

As healthcare continues to move beyond traditional settings, the role of the mobile Podiatrist will only become more important. Seniors need accessible, consistent foot care to maintain independence, and providers need career paths that offer balance, meaning, and stability.

A podiatry career rooted in mobile senior care delivers on both. It strengthens care communities and offers providers a sustainable way to practice medicine with impact.

Come Join Our Team

If you're passionate about making a meaningful difference in the lives of older adults and desire a podiatry career that offers flexibility, purpose, and genuine impact, now is the time to explore opportunities with Aria Care Partners.

With mobile, part-time, and traveling Podiatrist positions available across the country, Aria connects clinicians with roles that align with both professional goals and work-life balance priorities.

From competitive pay and mileage reimbursement to flexible schedules and mentorship for new graduates, these positions are designed for providers who want to bring essential foot care directly to seniors in skilled nursing facilities.

Ready to put your skills to work where they're needed most while enjoying a rewarding, purpose-driven career? Speak with a recruiter or explore current podiatry jobs at ariacarepartners.com/careers/podiatry-jobs.



References

¹HealtyAging.org, *Foot Problems, Basic Facts*, <https://www.healthinaging.org/a-z-topic/foot-problems/basic-facts>

²National Library of Medicine, National Center for Biotechnology Information, *Foot Function, Foot Pain, and Falls in Older Adults: the Framingham Foot Study*, <https://pubmed.ncbi.nlm.nih.gov/articles/PMC5501294/>

³Dr. Mikel Daniels, President, CMO, and Managing Member at WeTreatFeet Podiatry with expertise in Podiatry, Medical Management and EHR. *America's Growing Podiatry Shortage: Why the Future of Foot and Ankle Care Depends on Training More Physicians*, <https://www.linkedin.com/pulse/americas-growing-podiatry-shortage-why-future-foot-ankle-daniels-Ojwqe/>